

## MARVIN PANCH STATS

### **NASCAR Cup Wins**

1966 - World 600, Charlotte Motor Speedway - Plymouth

1965 - \*Atlanta 500, Atlanta International Raceway - Ford

1965 - Dixie 400, Atlanta International Raceway - Ford

1965 - \*Islip Speedway - Ford

1965 - The Glen 151.8 - Watkins Glen International - Ford

1964 - \*Bowman Grav Stadium - Ford

1964 - \*Asheville-Weaverville Speedway - Ford

1964 - Wilkes 400, North Wilkesboro Speedway - Ford

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1961 - Daytona 500, Daytona International Speedway - Pontiac

1957 - \*Willow Springs Speedway - Ford

1957 - Concord Speedway - Ford

1957 - Piedmont Interstate Fairgrounds - Ford

1957 - Southern State Fairgrounds - Ford

1957 - Memphis-Arkansas Speedway - Pontiac

1957 - Lincoln Speedway - Ford

1956 - \*Montgomery Speedway - Ford

\* Won race starting from pole position

Superspeedways - 4 wins Road Courses - 2 wins

Dirt Tracks - 5 wins Short Tracks - 6 wins

#### Stats

Starts: 216 Wins: 17 Top 5's: 96

Top 10's: 126 Poles: 21

Superspeedways - 6 poles

Dirt Tracks - 6 poles

Road Courses - 1 pole

Short Tracks - 8 poles

Three consecutive short track poles:

3/22/64 - Southeastern 500, Bristol International Speedway

3/30/64 - Bowman Gray Stadium

4/11/64 - Asheville-Weaverville Speedway

Born: May 28, 1926

Hometown: Menomonie, WI

Resides: Port Orange, FL and Maggie Valley, NC

Wife: Bettie Panch (deceased) Founder Grand Nat'l Racing Wives Assoc

Children: Richie Panch (deceased) and Marvette Panch Bagwell

### www.RockingTheLights.com

# MARVIN'S ROCKING THE LIGHTS

Back in February of 2012, I severely pulled a muscle in my lower back resulting in some of the worst pain I have ever experienced. I saw my Primary Care Physician and Chiropractor with no relief. I'm 87 years young and set in my ways - I do not take pain medication so that was not an option and I'm not accustomed to just sitting around and taking things easy.

It just so happened that a buddy of mine was in town for the Daytona races and told me of a lady he knew that worked with some of the NASCAR pit crews doing something called LED Light Therapy. Since she happed to also be in town for the races, 'Racer Carol' came out to the ranch, lights in hand and proceeded to light me up. Not expecting anything positive from the session (I mean after all, it was just a bunch of lights), I agreed to try the unit for a couple more days.

Much to my amazement, the pain in my back started to become manageable. I continued to use the lights and by the third day, the pain in my lower back was gone - just by slapping on lights?!? At the same time I starting to realize that a lot my "normal" aches and pains seemed to be gone ... incredible. However, once "cured" and also being set in my ways, the lights and their wonderful results faded from my memory and I didn't give them another thought until...

Later that summer I was on a trip out west for the NASCAR West Coast Hall of Fame and had numerous appearances that I was committed to make. Unfortunately I caught a cold on the way out to California and it quickly turned into bronchitis. I took some over-the-counter medicine and saw a local doctor but didn't get any better. The weather was miserable, I was miserable (which meant everyone around me was miserable) and I still had press interviews and autograph sessions that had to get done. I fulfilled my obligations and realized that I wasn't getting any better. Remembering the "magic lights" I called my daughter and asked her if she thought "the lights" would help- she told me to get back home and we would find out. Once home I scheduled an appointment for a chest x-ray but the quickest my doctor could see me was a week away. My daughter, who has purchased a set of lights for her family, "lit me up" and I went back under the lights for two sessions a day. By the third day I was out and about and feeling much better.

After a week of using the lights twice a day I went to my scheduled doctors appointment and his words to me were, "I don't know why you're here and why you would want a chest x-ray - I don't see anything wrong with you". I was sold, went home and asked my daughter if she could get me a set of lights - I'm not really sure how they work, I just know they do.

I live and travel in my RV and attend various racing events. Being around a lot of people, I'm constantly exposed to germs. Since travelling with my lights I have had no more problems with colds or bronchitis. Not only that, my daily aches and pains have again disappeared. I find that I am walking more, have more energy and my friends say I have never looked better...personally I think they need glasses but I guess I'll give the credit to the In Light Wellness System.

Whole Family Wellness - Safe, Non-invasive and Natural Athletes - Achieve Peak Performance and Focus

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